

JERSEY TASTES! RECIPES

Apple Slices (that won't turn brown)

INGREDIENTS

FAMILY-SIZE SERVES 4

- 4 medium apples, sliced
- 1/2 teaspoon kosher salt
- 1 cup of cool water

SCHOOL FOOD SERVICE # PORTIONS: 24

- 24 medium apples, sliced
- 1 tablespoon kosher salt
- 6 cups of cool water

PORTION SIZE:

 $medium\ apple=1\ cup\ fruit$

Fun Fact:
The pro tip, how to keep apples from turning brown, came from a Food Stylist. To read about a day in the life of a food stylist
Click Here

DIRECTIONS

Core & slice the apples.



- Mix kosher salt into cool water until dissolved.
- Add apple slices, let soak for about 10 minutes, then drain them. Store up to 4 days in the refrigerator in airtight container.
- Rinse in fresh water just before serving or packing to get rid of any surface salt.





